

# Hospital Delivery Bag

Packing checklist for expecting mothers



YeneHealth  
care women deserve

## For the Mother-to-Be

- Hospital Bag
- Mother's ID
- Postpartum Clothes (nursing bra)
- Few Pairs of Underwear
- Slippers and Socks
- Bath Robe or gown
- Extra pillows
- Maternity pads
- Toiletries (toothbrush, deodorant..)
- Phone charger
- Hair scarf or tie
- Snacks/Bottled Drink

## For the New Born

- Diapers
- Newborn Clothes
- Soft Baby Blanket
- Socks
- Baby Wipes
- Hat
- Bottles
- Baby Lotion
- Car Seat

## List of People to Call for Support

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

7. \_\_\_\_\_

8. \_\_\_\_\_